Knee Preservation

Venue: Sagardutta Medical College, Date: 19/11/2019

Session 1 (9am -10am) Prearthritic Knee

Lectures
Alignment issues in knee injury
Hto – spectrum
Meniscus lesion – decision making
Repair
Root, ramp lesion

9.40-10.00 am Panel discussion – 20min

Tea-15 min

Session 2 (10.15—11.30) cartilage session

Lectures
Diagnosis –
Management planning
Microfracture
Osseoarticular graft transfer
ACI, MESI,
Subchondral bone – its role in cartilage lesion

Panel discussion –11.00 – 11.30am
Live surgery— hto (11.30 -12.30)
Live surgery – osseoarticular graft transfer (12.30 – 1.30)

Lunch – (1.30pm – 2.00 pm)

Session- early arthritis in young (2.00 — 3.00pm)
Osteochondritis dessicans
SONK- myths
Medial compartment is- options
Lateral compartment oa- option
Panel discussion

Workshop – 1 hr (3.00-4.00pm)
Planning of hto on hka x ray—20 min
Saw bone -- demonstration --40 min